

Career Pivot Checklist

Clarify Your "Why"

- Ask yourself: Why do I want to pivot?
- Reflect on what's no longer fulfilling and what excites you now
- Journal or talk it out with someone you trust

Evaluate Your Financial Readiness

- Build or review your emergency fund (aim for 3–6 months of living expenses)
- Talk to your partner or family about income changes
- Create a "pivot budget" to reduce financial stress during the transition

Reflect and Research

- Take time to explore interests through reflection, side projects, or conversations
- Try free courses, workshops, or online challenges to test the waters
- Identify transferable skills from your previous career

Upskill Intentionally

- Choose a learning path (free or paid) aligned with your desired role
- Set realistic learning goals (e.g., 30 minutes daily, one project a week)
- Start a small portfolio to showcase your new skills

Own Your Story & Strengths

- Rewrite your résumé and LinkedIn to highlight relevant experience
- Prepare a narrative that connects your past with your new direction
- Practice talking confidently about your pivot in interviews or networking

Lean on Support Systems

- Surround yourself with people who encourage growth, not fear
- Share your goals with trusted friends, mentors, or online communities
- Be open to asking for help or guidance—it's not weakness, it's strategy

Keep a Growth Mindset

- Remind yourself: "It's normal to feel uncertain"
- Celebrate small wins—every new skill, interview, or connection counts
- Show yourself compassion on the hard days
- Stay curious, flexible, and open to learning